



HOMEGUIDE

Name _____

Date _____

Lesson 3.4



DRAW IT!

Draw a picture of something you need forgiveness for or help with. As you draw the picture, pour your heart out to God and quietly ask Him for forgiveness or help.



JOURNAL IT!

Imagine you were one of the Israelites under attack by the Philistines. Write a story about what it was like to be there. What did you do? What did you see? How did you feel?



THIS WEEK WE LEARNED

THE JUDGES: SAMUEL

BIG IDEA: God hears our prayers, so we can call out to Him with our whole heart.

BIBLE BASIS: 1 Samuel 7

KEY VERSE: "When I was in trouble, I called out to the LORD. I cried to my God for help. From his temple he heard my voice. My cry for help reached his ears." Psalm 18:6 (NirV)

READ IT!

1 Samuel 7:2-17. Draw a picture of the story or write to God your favorite part of the story. Tell Him why you liked it.



PRAY IT!

Pour your heart out to God in a written prayer. Ask Him for forgiveness or for help with something.

NEXT WEEK'S LESSON

DAVID IS ANOINTED KING

BIG IDEA: God sees what's in our heart, so we should seek to be beautiful on the inside.

BIBLE BASIS: 1 Samuel 16:1-13

KEY VERSE: "People look at the outside of a person. But the LORD looks at what is in the heart."

1 Samuel 16:7b (NIRV)





GROUP ACTIVITY

The Judges: Samuel

BIG IDEA: God hears our prayers, so we can call out to Him with our whole heart.

BIBLE BASIS: 1 Samuel 7

KEY VERSE: "When I was in trouble, I called out to the LORD. I cried to my God for help. From his temple he heard my voice. My cry for help reached his ears." Psalm 18:6 (NIRV)

Pouring Hearts

Supplies: Coffee filters, washable markers and a bucket of water.

Say: In our story today, the Israelites needed help so they called out to God. But the amazing thing is that they didn't just call out saying "Help!", they took water and poured it out before God. They were showing God that they were pouring their hearts out to Him. They were sharing their deepest fears, thoughts and feelings with Him. God wants us to do the same thing. And the best part is that we know God hears us. We're going to do an activity that give us time to pour out our hearts to God.

Directions: Give each child a coffee filter and a washable marker. Have them draw a giant heart on the coffee filter. Have them take time to think of something they need forgiveness or help for right now. When ready, they can take turns placing their coffee filter in the bin of water. They can use a cup to scoop up water and pour it over their heart drawing. As they are pouring, encourage them to really pray to God and share their deepest needs with Him.

Question: When was the last time you took time to really pour your heart out to God? How did it feel?

Question: When is your favorite time to pray? Do you have a favorite place to pray? Do you ever write out your prayers?



“When I was in trouble, I called out to the Lord. I cried to my God for help.
From his temple he heard my voice. My cry for help reached his ears.” Psalm 18:6 (NirV)

“When I was in trouble, I called out to the LORD. I cried to my God for help. From his temple he heard my voice. My cry for help reached his ears.”

Psalm 18:6

