



GO!

**UNIT 7.4**

Jesus Teaches on Worry



**Bible Basis:**

Matthew 6:25-34



**Big Idea:**

Jesus teaches that God cares for us, so we should give our worries to Him.



**Memory Verse:**

"Don't worry about anything. No matter what happens, tell God about everything. Ask and pray, and give thanks to him"

Philippians 4:6 (NIV)



It's time for...

# TABLE TALK

**How to use this card:**

Fold along the dotted lines to create three equal panels. Then, tape the two ends together to form a triangle. Stand this card on your table and use it during mealtimes or bedtime to spark meaningful conversations as a family.

## DAY 1

**Question:**

Jesus said that God takes care of the birds and flowers. What does that tell you about how He feels about you?

## DAY 2

**Question:**

Jesus said not to worry about food or clothes. What's something you sometimes worry about?

## DAY 3

**Question:**

When you start to feel worried, what's something you can do to remember that God is in control?

## DAY 4

**Question:**

Why is seeking God's kingdom more important than chasing after material things?

## DAY 5

**Question:**

Why do you think trusting God brings peace to your heart?



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