

GROUP DISCUSSION

Questions for facilitating dynamic discussion

DAVID: The Making of a King

Week 8: The Resilient Fighter
1 Samuel 30

Week of April 10, 2022
(Jeff Griffin, Senior Pastor)

What are we supposed to do when the bottom of life completely drops out? This week we're studying David on the worst day of his life, examining how we can rely on God to make it through some of life's darkest moments.

Kicking it off:

What's the funniest or weirdest substance you've ever dropped?

Discussion:

1. Jeff described some of the lowest times we can ever experience. e.g., a cancer diagnosis, losing a job, the end of a marriage, health struggles, or difficulties with our kids. What comes to your mind when you hear this list? (Can you relate?)
2. In 1 Samuel 30:6, we see David dealing with stress, yet finding **strength** in God. How does this verse make you feel? How would taking it to heart change the way you live your life?

"David was greatly distressed because the men were talking of stoning him; each one was bitter in spirit because of his sons and daughters. But David found strength in the LORD his God." (NIV)

3. Read Psalm 34:18, written by David. When have you experienced this truth in the past? (Or if you never have, pray that God would bring you comfort the next time you experience true heartache.)

"The LORD is close to the brokenhearted and saves those who are crushed in spirit." (NIV)

4. In 1 Samuel 30:7-8, David seeks guidance from his friend the priest. What do you think are some potential benefits for finding **hope** from God and other spiritual advisors — especially when we're experiencing deep troubles?

"Then David said to Abiathar the priest, the son of Ahimelek, 'Bring me the ephod.' Abiathar brought it to him, and David inquired of the LORD, 'Shall I pursue this raiding party? Will I overtake them?' 'Pursue them,' he answered. 'You will certainly overtake them and succeed in the rescue.'" (NIV)

5. Read Romans 8:28, suggesting God can grant us **providence** to work in the circumstances of our lives to guide and provide. What happens when we let God guide those who desperately need Him?

"And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them." (NLT)

Wrapping It Up:

Oftentimes people are open to the message of Jesus and His great love for them when they go through times of crisis. How can you use the future hope of heaven to reach out to people around you experiencing a crisis? Pray for your group members to keep sharing truth and encouraging one another in times of heartache.