

GROUP DISCUSSION

Questions for facilitating dynamic discussion

Psalms – Lyrics for Life

Week 6: His Pilgrimage

Psalm 84

Week of February 14, 2021

(Jeff Griffin, Senior Pastor)

Psalm 84 celebrates the beauty of being on a pilgrimage to Jerusalem for a sacred festival. This journey, to meet with God, was a mission of highest significance for ancient Jews. We also are called to embark on a spiritual pilgrimage in pursuit of a greater connection to God. Life on spiritual pilgrimage is life at its best.

Kicking it off: This psalm focuses on travel. If you could travel to any place on the planet, where would you go?

Discussion:

1. Reread *Psalm 84:1-2* How lovely is your dwelling place, Lord Almighty! My soul yearns, even faints, for the courts of the Lord; my heart and my flesh cry out for the living God.

Why is the psalmist so obsessed with the temple in Jerusalem? How would that obsession look today?

2. Reread *Psalm 84:3-4* Even the sparrow has found a home, and the swallow a nest for herself, where she may have her young— a place near your altar. Blessed are those who dwell in your house; they are ever praising you.

Why is the psalmist jealous of these birds?

3. Reread *Psalm 84:5* Blessed are those whose hearts are set on pilgrimage.

What does it look like for us when our “heart is set on pilgrimage?”

4. Reread *Psalm 84:6* As they pass through the Valley of Baka, they make it a place of springs.

Baka means “tears.” Being on pilgrimage can make tearful valleys into times of spiritual refreshment. Can you think of a difficult season that was also a time of significant spiritual growth? If so, tell the group about it.

5. Reread *Psalm 84:7* They go from strength to strength, till each appears before God in Zion.

Most people start off strong but grow exhausted and weak. How does being on spiritual pilgrimage help us stay energized?

6. How would you advise someone feeling stalled in their spiritual life and desiring to get moving on the spiritual pilgrimage?

Wrapping It Up: Ask the Lord to help each group member to live all their days purposefully and on “spiritual pilgrimage!”